



Arlington Council on Aging

Agenda

Date: Thursday February 16, 2023 Time: 6:00 pm

Location: This meeting will be conducted in a hybrid format. Attendees can attend in person at the Arlington Community Center or virtually via zoom. These meetings are open to the public and all are welcome. Please call 781-316-3401 or e-mail KShah@town.arlington.ma.us for the link to join the meeting which can be accessed by computer with internet access or by telephone for audio access only.

Kristine Shah, Executive Director

Michael Quinn, Chair

Sheila Connerney, Secretary

The Council's primary responsibilities are to design, promote, and implement programs and services to address the needs of the community's elder population, and to coordinate existing services in the community.

1. Call to order
2. Citizen's Open Forum
3. Minutes of the January 2023 meeting for approval
4. Executive Director's Report
6. Report of the Chair
8. Minuteman Senior Services Report
10. Old Business
11. New Business
 - a. APCAC Appointee Process; attachment included
12. Other Community Announcements
13. Adjourn - **Next meeting: March 16, 2023**

Executive Director's Report: Kristine Shah

II. COA Programs & Services Update

- a. Lunar New Year Celebration on 2/2 and Valentine Karaoke on 2/9 were successful and attendees provided very positive feedback.
- b. Our new evening Support Group for Caregivers of people with Dementia grown significantly since it started just a month ago. We have already received calls from other towns asking if they can refer residents to the group.
- c. Due to the uptick of scams through the phone, online, and even door to door in town, we are holding a special Scam Information Session with APD on March 9.
- d. Elderly and Disabled Tax Relief Applications were due January 31 and we received 23 applications (up from 14 last year). The decision committee will be meeting March 2. Due to the increased number of applications the committee will also consider awarding some tax relief from the Emergency Fund that was created at the end of 2022 through fundraising.
- e. AARP Tax Preparation began February 9 and will continue through April 13. Thank you again to Pat Baillieul for being the lead volunteer again this year.
- f. The new Men's Group met for the first time on 2/15 and has a goal of offering new social connections and fun.
- g. Outreach for Minuteman Senior Services Volunteers

III. Other

- a. COA Staff Highlight; Eva Gomez, Receptionist
- b. Arlington Seniors Association Dissolution has been filed with the Attorney General's office and expects to be completed before the end of the fiscal year.
- c. Community Equity Audit Received; summary attachment included